

Sept. 20,2007
Issue 14
Volume 1



**EN-WE-OW-LE-TENEH
WOODSTOCK FIRST NATION HEALTH CENTRE
NEWSLETTER**

**NEWSLETTER
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Woodstock First Nation Health Centre
10 Turtle Lane
Woodstock First Nation, NB
E7M 3B4

PHONE: 506-325-3570 FAX: 506-325-3580

E-MAIL:
wfnreception@aernet.ca or melissa.sappier@aernet.ca

We're on the Web!

See us at:
www.woodstockfirstnation.com

WFN Health Centre Contact List

NAME	POSITION	OFFICE/EMERGENCY AFTER HOURS
James Paul	Director of Health	EXT 571/325-2326
Ethel McAllister	Finance	EXT 585/325-2869
Melissa Sappier	Reception/Newsletter/Editor/ Administrative Assistant	325-3570/328-9430
Susanne Priest	Director of Nursing/ Home & Community Care	EXT 575
Tobi Paul	Licensed Practising Nurse	EXT 594/325-7364
Holly Polchies	Home & Community Care/ Licensed Practising Nurse	EXT 592
Debbie MacKenzie	Home & Community Care Worker	EXT 582
Randy Paul	Prescription Pick Up	325-3570/328-6116
Mary Duffield/Faye Paul Linda Tomah	Hot Lunch Program	328-3303 EXT 589
Charlene Tomah/ Tanya Anderson	FASD/FAE Mentors	328-3303 EXT 576
Lorraine Polchies	Community Health Rep.	EXT 574/328-8178
Karen Paul	Director of Child & Family Services	325-3576/325-8985
Tracy Polchies	Child & Family Services	325-3572
Janet, June, Deidra, Pauline	HeadStart/After School Program	328-4332
Linda Paul	Drug & Alcohol Worker NNDAP	EXT 581/328-8096
Kim Demerchant	Medical Transportation/COHI	325-3215
	Environmental Health	328-5636
Krysta Oland	Mental Health	325-3570

Woodstock First Nation Health Centre
 Hot Lunch Program
 For the week of September 24th -27th, 2007

DAY	MEAL	VEGETABLE	GRAIN	DESSERT
MONDAY	SPAGHETTI	TOSS SALAD	GARLIC BREAD	DESSERT
TUESDAY	CHINESE DAY	EGG ROLLS		DESSERT
WEDNESDAY	ROAST BEEF	POTATO/VEGGIES	ROLL	DESSERT
THURSDAY	BEEF BARLEY SOUP	SANDWICHES		DESSERT

Please note: HOT LUNCH IS NOW \$2.50. If you would like to place a take-out order, please call 328-0589 or 325-3570.

Woodstock First Nation Health Centre
 Hot Lunch Program
 For the week of October 1st - 4th, 2007

DAY	MEAL	VEGETABLE	GRAIN	DESSERT
MONDAY	CHILI	TOSS SALAD	CORN MUFFINS	DESSERT
TUESDAY	SHEPHARD'S PIE	TOSS SALAD	ROLL	DESSERT
WEDNESDAY	NO SCHOOL	CURRICULUM	DELIVERY	DAY
THURSDAY	SUB SANDWICHES	VEGGIES STICKS	CHIPS	DESSERT

Please note: HOT LUNCH IS NOW \$2.50. If you would like to place a take-out order,
 please call 328-0589 or 325-3570.

RIVERVIEW CANTEEN
328-6948—Located by Maliseet Fuels
Hours of Operation 11 am-11 pm

Fries	\$2.00		
Poutine	\$4.25		
Burger Poutine	\$5.75		
Onion Rings	\$2.50		
Mozza Sticks	\$4.50		
Fish & Chips	\$6.50		
Clam Strips	\$6.00		
Clams & Fries	\$7.50		
Chicken Wings (12)	\$7.00		
Popcorn Chicken	\$4.50		
Chicken Strips	\$4.50		
Chicken Nuggets	\$4.50		
Chicken Burger	\$4.50		
Hot Dog	\$1.25		
Red Hot Dog	\$1.75		
Cheese Dog	\$1.50		
Hamburger	\$3.75		
Cheese Burger	\$4.00		
Pizza Burger	\$4.25		
Bacon Cheese Burger	\$4.50		
Bacon Dbl. Cheese B.	\$6.00		
Battered Mushrooms	\$4.50		
Add fries to meal	\$1.50		
Add Gravy	\$1.00		
Extra Dipping Sauce	\$0.75		
		Ice Cream	
		Small—2 scoops	\$1.50
		Medium—3 scoops	\$1.75
		Large—4 scoops	\$2.00
		Sundaes	\$2.25
		Milkshakes	
		Small	\$2.00
		Large	\$2.50
		Pop/Water	
		.75 plus .10 bottle deposit = .85	



RIVERVIEW CANTEEN

SUPER SPECIAL

1/2 ORDER PLATTERS

Special #1

**6 wings
4 mozza sticks
onion rings**

\$7.00

Special #2

**6 mushrooms
Onion rings
4 mozza sticks**

\$5.75

Special #3

**6 wings
6 mushrooms
fries**

\$6.75

Special #4

**popcorn chicken
6 mushrooms
fries**

\$5.65

Special #5

**popcorn chicken
6 wings
onion rings**

\$7.15

Special #6

**clams
6 mushrooms
onion rings**

\$6.50

Special #7

**2 chicken strips
4 mozza sticks
onion rings**

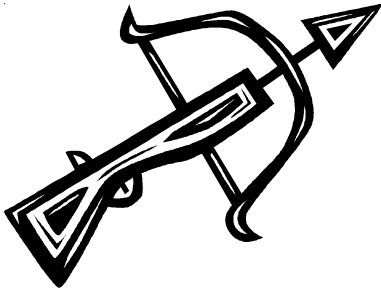
\$5.75

Special #8

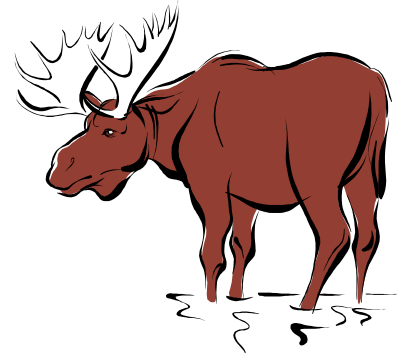
**popcorn chicken
4 mozza sticks
onion rings**

\$5.90





WFN
2007 ANNUAL
BULL MOOSE HUNT



STARTS FRIDAY, OCTOBER 12TH
ENDS 12 NOON, SUNDAY, OCTOBER 21ST

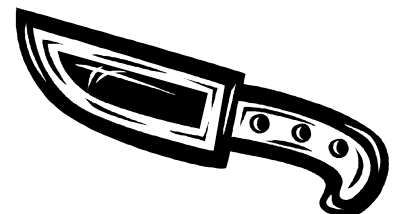
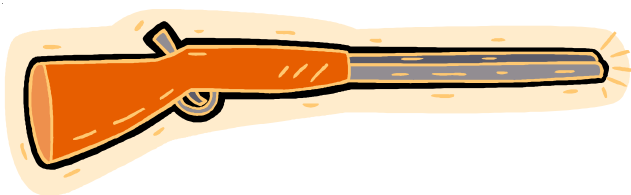
"RULES"

1. **MUST BE 16 YEARS OF AGE & POSSESS A WFN BAND CARD.**
2. **ENTRY FEE OF \$25.00 TO BE PAID BY 6:00 P.M., THURSDAY, OCTOBER 11TH, "NO EXCEPTIONS"!!**
3. **ABSOLUTELY NO COWS!!**
4. **NO NIGHT HUNTING!!**
5. **MEAT CUTTER WILL INFORM THE HUNT ORGANIZER OF ROTTEN MEAT. HUNTER WHO REGISTERED THAT MOOSE WILL BE DISQUALIFIED FROM HUNT TOTALLY!!**
6. **MOOSE TO BE BROUGHT IN WHOLE, NOT QUARTERED UP.**
7. **MUST BE ABLE TO HANG A RING ON POINT TO COUNT.**
8. **MOOSE MUST BE REGISTERED WITH SHAWN SAPIER (CELL #324-3949/HOME #328-9430) NO LATER THAN 12 NOON, SUNDAY, OCTOBER 21ST.**
9. **REGISTERED MOOSE WILL BE DONATED TO THE WOODSTOCK FIRST NATION.**
10. **MOOSE WITH MOST POINTS WINS. ALSO, THERE WILL BE A \$500.00 DRAW FOR ALL MOOSE THAT ARE DONATED TO THE WOODSTOCK FIRST NATION.**

**REGISTER WITH SHAWN SAPIER
CELL #324-3949
HOME #328-9430**

HAVE A SAFE AND ENJOYABLE HUNT.

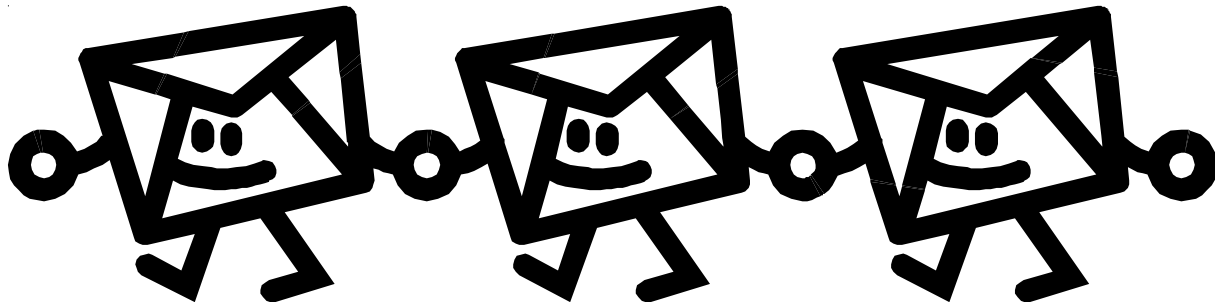
NAME: _____



***CHANGE OF DATE
FOR
LETTER OF SUBMISSION***

***Re: Trailer located at
32 Eagles Nest Drive***

*Anyone wishing to occupy this
dwelling, please submit letter to Deedee
at the Band Office by October 22, 2007.*



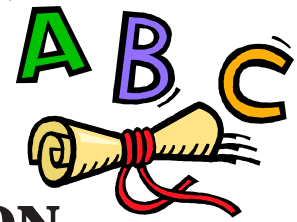
ATTENTION ALL PARENTS

Kim DeMerchant has taken a course on proper car seat installation and would like to show this to you to ensure that your loved one is secured safely while in your vehicle. If your child weighs between 40-80 lbs, please bring them to the Health Centre and Kim will show you proper installation procedures. By allowing Kim to do this, the Health Centre will give you a booster seat to keep.

Please call either 325-3215 or 325-3570 to make arrangements.

THANK YOU





WOODSTOCK FIRST NATION PRESCHOOL PROGRAMS OPENING

Woodstock First Nation Preschool, Daycare and After-School programs will be starting on October 1st, 2007.

The Woodstock First Nation Wee-School will be starting on October 2nd, 2007.



Parents, please remind your children to stay out of the Preschool play area. This is an area where buildings are being built and there has been damage already. If anyone in the community see children in this area, please ask them to leave.

THANK YOU

The Health Centre has been working on an Emergency Preparedness plan for Woodstock First Nation. As part of the plan, it is important that we know where you are living and who is living with you, along with your full civic address and telephone number. You may call the Health Centre at 325-3570 with the information or you may fill out the form below and drop it off to Melissa at the Health Centre. Thank you for your cooperation.

Your Name: _____

Names of those living with you: _____

Full civic address: _____

E7M _____

Telephone: _____

Please be advised that
Susanne Priest and Tobi Paul
Will not be in the office
October 1st through to the 4th
Due to a Nursing Conference
In
Dartmouth, NS.
Holly Polchies will be in the
Nursing Office.

KICKBOXING

WILL BE STARTING ONCE AGAIN

ON

SUNDAY, SEPTEMBER 23, 2007

AT

2:00 AT THE WFN GYM

AND ALSO ON

WEDNESDAYS AT

7:00 PM .

World Day of Peace

**COME JOIN US AS WE
CELEBRATE**

WORLD DAY OF PEACE

WITH

GRAYDON NICHOLAS

AS SPECIAL GUEST SPEAKER

This event is to Take Place on

Friday, September 21, 2007 At 7:30 p.m.

At The WFN Gym

Everyone Welcome!!



Baby Shower

For Samantha Tomah-Shaw

At the Woodstock First Nation Gym

On Saturday, September 22, 2007 at

2:00pm

Everyone Welcome

Please bring refreshments

